ORDERS, THOVGHT MEETE by her Maiestie, and her priuie Counsell, to be executed throughout the Counties of this Realme, in such Townes, Villages, and other places, as are, or may be hereafter infected with the plague, for the stay of further increase of the same.

Z. 138. 107. e 76 / 5

Burstons booke 1608

Walter Burstons booke 1630

Walter, Burstons 1651, 166

¶ Also, an Aduise set downe vpon her Maiesties expresse commaundement, by the best learned in Physicke within this Realme, containing sundry good rules and easie medicines, without charge to the meaner sort of people, aswell for the preseruation of her good Subiectes from the plague before infection, as for the curing and ordering of them after they shall be infected.

Imprinted at London by the Deputies of Christopher Barker, Printer to the Queenes most excellent Maiestie.

An. Dom. 1594.

Whereas for the more expedition of the plaintiffs
suit touchinge the 6 [illegible] [illegible]
1 That my Lords & Ladies the Lords shall have leave
2, 4 to sit afterwards & if [illegible] shall [illegible]
rithy shall attend the [illegible] [illegible] [illegible]
[illegible] shall [illegible] [illegible] [illegible]
3 not tolling or [illegible] of the bell
4 Jaunts in July & August from 2 months to 2 months to keepe
the sick from the whole
5. 2 watchmen to every house one for day time for most
6 the [illegible] [illegible] must [illegible] [illegible] the [illegible]
7 to [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
8 Plaunder houses removed out of the city
9. All plays & great assemblies put down
10. a proclamation to release the lands made for [illegible]
of the poore & for suppressing & consuming vagrants
11 An act for the poore, act lately 43 Eliz
12 An act for [illegible] of [illegible] & maimed act lately 43 Eliz
13 An act [illegible] [illegible] [illegible] [illegible]
[illegible] the same [illegible] taken out of the [illegible]
14 An act for [illegible] [illegible] [illegible]
act imposed 43 Eliz
15 A decree in the Star Chamber against Griffin
for building a tent in Foxlane in Mile End & dividing
it into 2 tents or two rooms wherein lived by lodging
& one John Crispe in Cloudy who denied a
tent to be a nuisance contrary to [illegible] [illegible]
dated July [illegible] [illegible] [illegible] [illegible]
the [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]

¶ Orders thought meete by her Maiestie and her priuie Counsel, to be executed throughout the Counties of this Realme, in such Townes, Villages, and other places as are, or may be hereafter infected with the plague, for the stay of further increase of the same.

IN primis, **all the Justices in euery countie**, aswell within the liberties as without, immediatly vpon knowledge to them giuen, shall assemble themselues together at some one generall place accustomed, being cleare from infection of the plague, to consult how these orders following may be duely put in execution, not meaning that any Justices dwelling in or neere places infected, shall come thither whiles their comming may be doubtful. And after their first generall assemblie, they shall make a distribution of themselues to sundry limits and diuisions, as in other common seruices of the Countie they are accustomed to doe for the prosecution thereof.

2 First they shall inquire, and presently informe themselues by all good meanes, what Townes and Villages are at the time of such assemblie infected within euery their Counties, and in what Hundred or other diuision, the saide Townes and Villages are, and how many of the same places so infected are corporate Townes, market Townes and Villages, and shall consider of what wealth the inhabitants of the same Townes and Parishes are, to be hable to relieue the poore that are or shall be infected, and to be restrained in their houses. 2

3 Item, thereupon after conference vsed according to the necessitie of the cause, they shall deuise and make a generall taxation, either by charging the Towne infected with one summe in grosse, or by charging the speciall persons of wealth within the same, to be forthwith collected for the rate of one moneth at the first, and so if the sickenes shall continue, the collection of the like summe, or of more or of lesse, as time & cause shal require, and the same to be euery first, second, third, or fourth weeke employed to & for the execution of the said orders. And in case some of the said Townes infected shal manifestly appeare not to be of sufficient habilitie to contribute sufficient for ỳ charges requisite, then ỳ taxation or collection shalde made or further extended to other parts, or in any other further limittes, as by them shall be thought requisite where there shall be any such Townes or Villages so infected, and vnable to relieue themselues. And if the saide Townes be scituated in the borders and confines of any other shire, then as the Justices shall see cause and neede for the greatnesse of the charge requisite, that the partes of the Shire ioyning to the Townes infected be not 3

 hable,

Whereas and for the more expedition of the playes
shall fall by the Queenes the 6 Orders ensuing
1 That my Lords the Lordes house shall be built
2, 4 Des 8 Apprentices & 12 journeymen students by the
rithy attend the master where they dwell master & hard
wards shall take their students during their
3 not taking on, receiving of the folk
4 Apprentices in their first term 2 months to 2 months to keepe
the sticks from the worke
5. 2 watchmen to keep house and for day time for meat
6 the journeymen who must provide meat at the worke
7 the not ~~[illegible]~~ fault long to shall have in upon us under
8 Plaunder house removed out of the rithe
9 All plaunder & that assembled put down
10 a proclamation to release the lands made for which
of the poore & for suppressing & consuming vagrants
11 An act for the poore, att large 43 Eliz
12 An act for ye relief of soldiers & mariners att large 43 Eliz
13 An act for ye [illegible] of 39 Eliz [illegible]
[illegible] the same [illegible] taken out of [illegible]
14 An act for [illegible] [illegible] att large
15 A dome in the Star Chamber ~~[illegible]~~ agt Jeffe Gris
-fen for building a tent in Eaglands in Mydd & dividing
it into 2 tents or two rooms wherein lived by hiring
& agt John Crippes in Stowe who denied a
tent to ye Queenes [illegible] to judge the [illegible]
dated [illegible] 1[illegible] who [illegible] to
the [illegible] & [illegible] was
confirmed the 29 Eliz 1[illegible] to be put
in due execution Maiestie.
16 A dome ~~agt [illegible]~~ in the Star Chamber 29 Eliz
7 Jurors agt new buildings & inmates & that [illegible]
the Lord Maior & Sheriffs of London & the civilly com
-pelled of offenders therein. Walter Mustone

¶ Orders thought meete by her Maiestie and *her priuie Counsel, to be executed throughout the* Counties of this Realme, in such Townes, Villages, and other places as are, or may be hereafter infected with the plague, for the stay of further increase of the same.

IN primis, **all the Justices in euery countie**, aswell within the liberties as without, immediatly vpon knowledge to them giuen, shall assemble themselues together at some one generall place accustomed, being cleare from infection of the plague, to consult how these orders following may be duely put in execution, not meaning that any Justices dwelling in or neere places infected, shall come thither whiles their comming may be doubtful. And after their first generall assemblie, they shall make a distribution of themselues to sundry limits and diuisions, as in other common seruices of the Countie they are accustomed to doe for the prosecution thereof.

2 First they shall inquire, and presently informe themselues by all good meanes, what Townes and Villages are at the time of such assemblie infected within euery their Counties, and in what Hundred or other diuision, the saide Townes and Villages are, and how many of the same places so infected are corporate Townes, market Townes and Villages, and shall consider of what wealth the inhabitants of the same Townes and Parishes are, to be hable to relieue the poore that are or shall be infected, and to be rastrained in their houses.

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table, they shal write their letters to the next Justices of the other Shire so confining, to procure by collection some relefe, as in like cases they are to relieue them, in respect of neere neighbourhood of the place, and for that the same infection may be the better stayed from the said adioyning places, though they be separated by name of the Countie.

4 Item, they shall cause to be appointed in euery Parish aswell infected as not infected, certaine persons to viewe the bodies of all such as shall die, before they bee suffered to bee buried, and to certifie the Minister of the Church and Churchwarden, or other principal officers, or their substitutes of what probable disease the said persons died: and the said viewers, to haue weekely some allowance, & the more large allowance where the Townes or Parishes bee infected, during the infection, towards their maintenance, to the end they which shall be in places infected, may forbeare to resort into the companie of others that are sounde: and those persons to be sworne to make true report according to their knowledge, and the choise of them to be made by direction of the Curate of the Church, with three or foure substantiall men of the Parish. And in case the said viewers either through fauour or corruption, shal giue wrong certificate, or shall refuse to serue being thereto appointed, then to cause them to be punished by imprisonment, in such sort as may serue for a terror to others.

5 Item, the houses of such persons out of the which there shall die any of the plague, being so certified by the viewers, or otherwise knowen, or where it shall be vnderstood, that any person remaineth sicke of the plague, to be closed vp on all parts during the time of restraint, viz. sixe weekes, after the sickenes be ceased in the same house, in case the saide houses so infected shall bee within any Towne hauing houses neere adioyning to the same. And if the infection happen in houses dispersed in Villages, and seperated from other houses, and that of necessitie, for the seruing of their cattel, and manuring of their ground, the saide persons cannot continue in their houses, then they to bee neuertheless restrained from resorting into companie of others, either publiquely or priuately during the saide time of restraint, and to weare some marke in their vppermost garments, or beare white rods in their handes at such time as they shal goe abroade, and if there be any doubt that the masters and owners of the houses infected, will not duely obserue the directions of shutting vp their doores, specially in the night, then shal there be appointed two or three watchmen by turnes, which shall be sworne to attend and watch the house, and to apprehend any person that shall come out of the house contrary to the order, and the same persons by order of the Justices, shall be a competent time imprisoned in the stockes in the high way next to the house infected: and furthermore, some speciall marke shall be made & fixed to the doores of euery of the infected houses, and where any such houses shall be Innes or Alehouses, the signes shall be taken downe for the time of the restraint, and some crosse or other marke set vpon the place thereof, to be a token of the sickenesse.

6 Item,

6 Item, they shal haue good regarde to chuse honest persons that either shal collect the summes assessed, or shal haue ye custodie thereof, and out of the said collectiõ to allot a weekely proportion for ye finding of victual, or fire, or medicines for the poorer sort, during the time of their restraint. And whereas some persons being well disposed to yeelde almes and reliefe, will be more willing to giue some portiõs of victual, as corne, bread, or other meate, the same shal be committed to the charge of some special persons, that wil honestly & truely preserue the same, to be distributed as they shall be appointed for the poore that are infected.

7 Item, to appoint certaine persons dwelling within the townes infected, to prouide and deliuer all necessaries of victuals, or anie matter of watching or other attendance, to keepe such as are of good wealth being restrained, at their owne proper costes and charges, and the poore at the common charges: and the saide persons so appointed to be ordered, not to resort to any publique assemblie during the time of such their attendance, as also to weare some marke on their vpper garment, or to beare a white rod in their hande, to the end others may auoyde their companie.

8 Item, that in the shire towne in euery Countie, and in other great towns meete for that purpose, there may be prouision bespoken and made, of such preseruatiues and other remedies, which otherwise in meaner townes cannot bee readily had, as by the Physicians shal be prescribed, and is at this present reduced into an Aduise made by the Physicians, and now printed and sent with the saide orders, which may be fixed in market places, vpon places vsuall for such publique matters, and in other townes in the bodies of the parishe churches, and chappels, in which aduise onely such thinges are prescribed, as vsually are to be had and founde in all countries without great charge or cost.

9 Item, the Ministers and Curates, and the Churchwardens in euery Parish, shall in writing certifie weekely to some of the Justices, residing within the Hundreth or other limit where they serue, the number of such persons as are infected and doe not die, and also of all such as shal die within their Parishes, and their diseases probable whereof they died, and the same to be certified to the rest of the Justices at their assemblies, which during some conuenient time would be euery one and twentie dayes, and thereof a particular booke kept by the Clerke of the peace or some such like.

10 Item, to appoint some place apart in each parish for the buriall of such persons as shall die of the plague, as also to giue order that they be buried after Sunne setting, and peruerthelesse by daylight, so as the Curate be present for the obseruation of the rites and ceremonies prescribed by the lawe, foreseeing as much as conueniently he may, to be distant from the danger of infection of the person dead, or of the company that shall bring the corse to the graue.

11 Item, the Justices of the whole Countie to assemble once in xxi. dayes,

to examine whether thoſe orders bee duely executed, and to certifie to the lordes of the priuie Councell their proceedings in that behalfe, what townes and villages bee infected, as alſo the numbers of the deade, and the diſeaſes whereof they died, and what ſommes of money are cared and collected to this purpoſe, and how the ſame are diſtributed.

2 12 Item, the Iuſtices in the hundred, where any ſuch infection is, or the Iuſtices next aioyning thereunto, to aſſemble once a weeke, to take accompt of the execution of the ſaide orders, and as they finde any lacke or diſorder, either to reforme it themſelues, or to report it at tye generall aſſemblie there, to be by a more common conſent reformed.

3 13 Item, for that the contagion of the plague groweth and encreaſeth no way more, then by the vſe and handeling of ſuch clothes, bedding and other ſtuffe as hath bene worne and occupied by the infected of this diſeaſe, during the time of their diſeaſe: the ſaide Iuſtices ſhall in the places infected take ſuch order, that all the ſaide clothes and other ſtuffe, ſo occupied by the diſeaſed, ſo ſoone as the parties diſeaſed of the plague are all of them either well recouered or dead, be either burnt and cleane conſumed with fire: or els ayred in ſuch ſort as is preſcribed in an eſpeciall article contained in the Aduiſe ſet downe by the Phyſicians. And for that peradventure the loſſe of ſuch apparel, bedding and other ſtuffe to be burnt, may be greater then the poore eſtate of the owners of the ſame may well beare: it is thought very good and expedient, if it bee thought meete it ſhall be burnt, that then the ſaide Iuſtices, out of ſuch collections as are to be made within their Counties for the relieſe of the poorer ſorte that bee infected, allowe alſo to them ſuch ſumme or ſummes as to them ſhall be thought reaſonable, in recompence of the loſſe of their ſaid ſtuffe.

14 Item, the ſaide Iuſtices may put in execution anie other orders that by them at their generall aſſemblie ſhall bee deuiſed and thought meete, tending to the preſeruation of her Maieſties ſubiects from the infection, and to the end their care and diligence may the better appeare, they ſhall certifie in writing the ſaide orders newly deuiſed, and if any ſhall wilfully breake and contemne the ſame or any of the orders herein ſpecified, they ſhall either preſentlie puniſh them by impriſonment, or if the perſons ſo contemning them, ſhall be of ſuch countenance as the Iuſtices ſhal thinke meete to haue their faults knowen to her Maieſtie, or to the Councell, they ſhall charge and bind them to appeare before vs, and the contempt duely certified that there may be a more notorious ſharpe example made by puniſhment of the ſame by order of her Maieſtie.

15 Item, if there be lacke of Iuſtices in ſome partes of the Shire, or if they which are Iuſtices there ſhall bee for the time abſent, in that caſe the more number of the Iuſtices at their aſſemblie ſhall make choyſe of ſome conuenient perſons to ſupply thoſe places for the better execution hereof.

16 Item, if there bee any perſon Eccleſiaſticall or laye, that ſhall holde and

publiſh

publishe any opinions (as in some places reporte is made) that it is a vaine thing to forbeare to resort to the infected, or that it is not charitable to forbid the same, pretending that no person shall dye but at their time prefixed, such persons shall be not onely reprehended, but by order of the Byshop, if they bee ecclesiasticall, shall be forbidden to preache, and being laye, shall bee also enioyned to forbeare to vtter such dangerous opinions vpon paine of imprisonment, which shall be executed, if they shall perseuer in that error. And yet it shall appeare manifestly by these orders, that according to Christian charitie, no persons of the meanest degree shall be left without succour and reliefe.

17 And of these thinges aboue mentioned, the Justices shall take great care, as of a matter specially directed and commaunded by her Maiestie vpon the princely and naturall care shee hath conceiued towardes the preseruacion of her subiectes, who by very disorder, and for lacke of direction doe in many partes wilfully procure the increase of this generall contagion.

to remove a wen a hyle
from one place to an other

Take an herb called ownlwt
Christi & verbasco & make a
plaister of it, & layd fro ye
hyle ye breadth of two fingers
& when it hath lyen a good
while remove it, & do so
still till it be ~~thew~~, when
you would have it
thew till it breake

Dr Moulton 81

Vid. Pn. 20
Januarii 1662

An Aduise set downe vpon her Maiesties expresse commandement, by the best learned in Physicke within this Realme, conteyning sundry good rules and easie medicines, without charge to the meaner sort of people, as well for the preseruation of her good Subiectes from the plague before infection, as for the curing and ordering of them after they shall be infected.

Preseruatiue by correcting the aire in houses.

TAke Rosemarie dried, or Iuniper, Bayleaues, or Frankincense, cast the same on a Chafendish, and receiue the fume or smoke thereof: Some aduise to be added Lauander, or Sage.

Also to make fires rather in Pannes, to remooue about the Chamber, then in Chimneis, shall better correct the ayre of the Houses.

Take a quantitie of Vineger very strong, and put to it some small quantitie of Rosewater, some branches of Rosemarie, put them all into a basen, then take fiue or six Flintstones, heated in the fire till they be burning hotte, cast them into the same Vineger, and so let the fumes bee stretched from place to place of your house.

Perfuming of Apparel.

SUch apparell as you shall commonly weare, let it bee very cleane, and perfume it often eyther with some red Saunders burned, or with Iuniper. And if any shall happen to be with them that are visited, let such persons as soone as they shall come home, shift themselues, and aire their other clothes, in open aire for a time.

Preseruation by way of defence in open aire, and common assemblies to be vsed outwardly.

IT is good in going abroade into the open aire in the streetes, to holde some things of [illegible] in their hands, or in the corner of an handkercheife, as a spongge [illegible] Vineger and Rosewater mixed, or in Vineger, wherein Wormewood, or Rue called also Herbegrace, hath bene boyled.

Preseruatiue by way of inward medicine.

TAke a quantitie of Rue, or Wormewood, or of both, and put it into a pot of vsuall drinke, cleere stopped, let it lie so in steepe a whole night, and drinke thereof in the morning fasting.

In all Summer plagues, it shall be good to vse Sorrell sauce to be eaten in the morning with bread. And in the fall of the leafe to vse the iuice of Barberies with bread also.

to remove a wyle
from one place to an other

Take an herb called ornhus
Christi & Verbayne & make a
plaister of it, & layd fro ye
wyle ye bredth of two fingers
& when it hath lyen a good
while to mole it, & doe so
still till it be ther, where
you would have it &
then lett it break

Dr Moulton 81

[illegible] n. 20
January 1661

An Aduise set downe vpon her Maiesties expresse commandement, by the best learned in Physicke within this Realme, conteyning sundry good rules and easie medicines, without charge to the meaner sort of people, as well for the preseruation of her good Subiectes from the plague before infection, as for the curing and ordering of them after they shall be infected.

Preseruatiue by correcting the aire in houses.

TAke Rosemarie dried, or Iuniper, Bayleaues, or Frankincense, cast the same on a Chafendish, and receiue the fume or smoke thereof: Some aduise to be added Lauander, or Sage.

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SUch apparell as you shall commonly weare, let it bee very cleane, and perfume it often eyther with some red Saunders burned, or with Iuniper. And if any shall happen to be with them that are visited, let such persons as soone as they shall come home, shift themselues, and aire their other clothes, in open aire for a time.

Preseruation by way of defence in open aire, and common assemblies to be vsed outwardly.

IT is good in going abroade into the open aire in the streetes, to holde some things of sweet sauor in their hands, or in the corner of an handkercheife, as a spongе dipped in Vineger and Rosewater mixed, or in Vineger, wherein Wormewood, or Rue called also Herbegrace, hath bene boyled.

Preseruatiue by way of inward medicine.

TAke a quantitie of Rue, or Wormewood, or of both, and put it into a pot of vsuall drinke, close stopped, let it lie so in steepe a whole night, and drinke thereof in the morning fasting.

In all Sommer plagues, it shal be good to vse Sorrell sauce to be eaten in the morning with bread. And in the fall of the leafe to vse the iuice of Barberies with bread also.

Mens bodies are apt to take infectiõ, either
- By the constitution of the heart, the vitall spirites being weake, and the naturall heate feeble, in which case the ages Cordiall are to be vsed.
- By repletion, the bodie being filled with humors, either
  - Good, and then is the partie to be let blood.
  - Euill, and then is he to be cured with medicine purgatiue.

Preseruatiues Cordials.

Mithridates Medicine.

TAke of good Figges not wormeaten, cleane washed, of Walnuts the kernels cleane picked, of either of them an hundred, of the leaues of greene Rue, otherwise called Herbegrace, the weight of ii.s. of common Salt the weight of iiii.d. cut the Figs in pieces, and stampe them and the Walnut kernels together in a morter of Marble or wood a good space, vntil they bee very smal, and then put the Rue leaues into them, stampe & stirre them well together with the rest, last put in the Salt and stampe and stirre these things together, vntill they be incorporated and made of one substance. Of the which take the quantity of ii. or iii. Figs euery morning fasting, to children the halfe will serue, and hee that listeth to increase or diminish the substance of this medicine, shall easily doe it, by taking of a greater or lesse quantitie of the simples according to a due proportion.

A well approued Medicine to preserue.

TAke of the finest cleare Aloes you can bee, in colour like to a Liuer, & therfore called Hepatica, of Cinamon, of Myrrhe, of ech of these ℥ weight of iii. French crowues, or of xxii.d. of our money, of Cloues, Maces, Lignum Aloes, of Masticke, of Bole Oriental, of ech of these halfe an ounce: mingle them together and beate them into a very fine powder. Of the which take euery morning fasting the weight of a groate of this in white wine delayed with water, and by the grace of God you shall be safe from the plague. No man which is learned, if he examine the simples of this medicine whereof it consisteth, and the nature and power of them, can deny but that it is a medicine of great efficacie against the plague, and the simples whereof it is made, are easily to bee had in any good Apothecaries shop, except Bole Oriental, which is vsed in the stead of true Bolus Armenus, whereof we haue seene great store in the shoppes of master Rich the Queenes Maiesties Apothecarie, and master Morgans in Cheapside.

Take a drie Figge and open it, and put the kernel of a Walnut into the same being cut very smal, three or foure leaues of Rue commonly called Herbgrace,

a corne

a corne of Salt, then rost the Figge and eate it warme, fast iii. or iiii. houres after it, and vse this twise in the weeke.

Take the powder of Turmentill, the weight of vi.d. with Sorrel or Scabious water in Sommer, and in Winter with the water of Valerian or common drinke.

Or els in one day they may take a little Wormewood, and Valerian with a graine of Salt. In another day they may take vii. or viii. berries of Iuniper, dried and put in powder, and taking the same with common drinke, or with drinke in which Wormewood and Rue hath bene steeped all the night.

Also the triakle called Diatessearoum, which is made but of iiii. things of light price easie to be had.

Also the roote of Enula Campana, either taken in powder with drinke, or hanged about the brest.

Likewise a piece of Arras roote kept in the mouth as men passe in the streets, is very good Cordiall.

Take vi. leaues of Sorrell, wash them with water and vineger, let them lie to steepe in the said water and vineger a while, then eate them fasting, and kerpe in your mouth and chewe now or then either Stewall, or the roote of Angelica, or a litle Cinamon.

Take the roote of Enula Campana being layd and steeped in vineger, and grosse beaten, put a little of it in a handkerchiefe, and smell to it if you resort to any that is infected.

For women with childe, or such as be delicate and tender, and cannot away with taking of medicines.

MAke a tost of white or of the second bread, as you thinke good, and sprinkle on it being hotte a litle good wine vineger, made with Rose leaues, and for want of it, any good common or vsed vineger, and spread on the tost a little butter, and cast thereon a litle powder of Cinamon, and eate it in the morning fasting. The poore which cannot get vineger nor buy Cinamon, may eate bread and butter alone, for butter is not onely a preseruatiue against the plague, but against al maner of poysons.

When one must come into the place where infectious persons are, it is good to smell to the roote of Angelica, Gentian or Valerian, and to chew any of these in his mouth.

Another preseruatiue for the poore.

IT shalbe good to take an handfull of Rue, & as much common Wormwood, and bruse them a litle: and put them into a pot of earth or tinne, with so much vineger as shal couer the herbs: keepe this pot close couered or stopt, and when you feare any infection, dippe into this vineger a piece of a sponge, and tary it in your hand and smell to it, or els put it into a round ball of Yuory or Iuniper made full of holes of the one side, carying it in your hand vse to smell thereunto, renewing it once in a day.

To be vsed after infection taken.

For as much as the cause of the plague standeth rather in poyson, then in any putrifaction of humours as other agues doe, the chiefest way is to moue sweatings, and to defend the heart by some cordiall thing.

Suppositaries.

If the patient be costiue and bound in his bodie, let him take a Suppositarie made with a little boyled Hony, and a little fine powder of Salt, and so taken in at the Fundament and kept till it moue a stoole.

An excellent Medicine made without charges.

Take of the powder of good Bayberries, the huske taken away from them, before they be dried, a spoonefull: Let the patient drinke this, well mingled in a draught of good stale Ale or Beere, which is neither sowre nor dead, or with a draught of white Wine, and goe to bed and cast himselfe into a sweate, and forbeare sleepe as is aforesayde.

An other soueraigne remedie, that is a stilled water.

Take the inwarde barke of the Ashe tree, a pound, of Walnuts with the greene outward shelles, to the number of 50. cut these smal, of Scabious, of Veruen, of Petimorel, of Housleeke, of euery one a handfull, of Saffron halfe an ounce, powre vpon these the strongest Vinegar you can get foure pynts, let them à litle boyle together vpon a very soft fire, and then stand in a very close pot well stopt all a night vpon the embers, afterwarde distill them with a soft fire, and receiue the water close kept. Giue vnto the patient layde in bedde and well couered with clothes, two ounces of this water to drinke, and let him bee prouoked to sweate, and euery sixe houres, during the space of xxiiii. houres, giue him the same quantitie to drinke. This Medicine for the worthines thereof, and because it will stand the maker thereof in little charge, it shal be very wel done to distill it in Sommer when the Walnuts hang greene on the tree, that it may be ready against the time that occasion serueth to vse it.

1. *Bloodletting.*

If the Patient be full of humours which be good, let him immediatly bee let blood vpon the Lyuer veine in the right arme, or in the Median veine of the same arme (if no sore appeare) in the first day.

2. Medicine purgatiue.

For the poore take Aloes the weight of vi. d. put in ye paype of an Apple: and for the richer Pilles of Rufus to be had in euery good Apothecaries shoppe.

After letting of blood and purging (as shall be needfull) some of the forenamed Cordials are to be vsed.

These

These preparations thus vsed the first day that the Patient shall fall sicke, as cause shall be to vse the one or the other (no sore appearing) in which case if the sore shall appeare, they are both to bee forborne, the next is to vse all meanes to expell the poyson, and to defend the heart by Cordials.

3. Medicament expulsiue.

THe poyson is expelled best by sweatings prouoked by posset Ale, made with Fenel and Marigolds in Winter, and with Sorrell, Buglosse and Borage in Sommer, with the which in both times they must mixe the triacle of Diatessaroum, the weight of ir.d. and so to lay them selues with all quietnes to sweate one halfe houre or an houre, if they be strong. For they that bee neither full of humours nor corrupt in humours, neede neyther purging nor letting of blood, but at the first plunge may mooue themselues to sweate with Cordiall things mixt with such things as moue sweat, and are before declared.

VVhat is to be done when there is any rising or swelling in any part.

THen if by these three meanes the poyson be expelled outward by botches, carbuncles or markes, called Gods markes, according as nature doth expell, so must the further proceedings bee, prouiding still, that they continue still in the vse of the cordiall and moderate sweating now and then, all the time that the sores be in healing, which must by the Surgion be handled with great discretion.

to admow a light Bee before

Medicine to be vsed in ordinarie dyet.

IT is thought that the powder of harts horne hath a speciall prerogatiue, to be vsed all the time of their sickenesse in their broths, and supping, which in Sommer must euer haue Sorrell, Borage, Buglosse, and in winter, Betony, and Scabious, or Morsus Diaboli, and if their habilities doe not serue, let them vse it with Aleburies made with a litle Nutmegge, or one Cloue, or with Cawdelles in like maner made with Gloues, Maces, Nutmegges, Sanders or such like.

Both to preserue and cure the sickenesse.

TAke an egge and make a hole in the toppe of it, take out the white and yelke, fill the shell with the weight of two french crownes of Saffron, rost the sain egge thus filled with Saffron vnder the embres, vntill the shell begin to ware yelow, then take it from the fire, and beate the shell and Saffron in a morter together, with halfe a spoonefull of Mustard seede, take of this powder a french crowne weight, and as soone as you suspect your selfe infected, dissolue it into ten spoonefuls of posset ale, and drinke it luke warme, then goe to bedde and prouoke your selfe to sweating.

To be vsed in the first time of the Sickenesse.

ANother is to take fiue or fixe handefull of Sorell, that groweth in the field, or a greater quantitie according as you will distill more or lesse of the water thereof, and let it lie infrised or steeped in good Vineger the space of foure and twentie houres, then take it off and drie it with a linen cloth put into a Limbecke, and distill the water thereof: And as assoone as you finde your selfe touched with the sickenesse, drinke foure spoonefuls of the said water with a litle sugar, and if you be hable, walke vpon it vntill you do sweat, if not, keepe your bed, and being well couered, prouoke your selfe to sweating, and the next day to take as much againe of it a litle before supper.

Item, to prouoke vomit with two ounces of ranke oyle, or walnutte oyle, a spoonefull of the iuice of Celendine and halfe a spoonefull of the iuice of radice roote, so that the partie infected doe walke and not sleepe, is better then any leting of blood, or any purging. For the disease neither can suffer agitation of humors, nor when one is infected, hath no time to bleede or to purge.

Outward medicines for to be applied to the sore.

Take of Scabiouse two handefuls, stampe it in a stone morter with a pestel of stone if you can get any such, then put vnto it of olde swines grease salted, two ounces, and the yelke of an egge, stampe them well together, and lay parte of this warme to the sore.

The second.

TAke of the leaues of Mallowes, of Camomill flowers, of either of them an handefull, of Lineseede beaten into pouder two ounces, boyle the Mallowe leaues first cut, and the flowers of the Camomil in faire water standing aboue a fingers breadth, boyle all them together vntill all the water almost be spent: then put thereunto the Lineseede, of Wheate flower halfe an handeful, of swines grease the skinnes taken away three ounces, of oyle of Roses two ounces, stirre them still with a sticke, and let them all boyle together on a soft fire without smoke, vntill the water be vtterly spent, beate them all together in a morter, vntill they be well encorporated together, & in feeling smooth, and not rough: then make part thereof hotte in a dish set vpon a chafindish of coales, and lay it thicke vpon a linnen cloth applying it to the sore.

Another excellent medicine to ripen and bring out the sore.

TAke a white Onion cut in pieces, of fresh butter iii. ounces, of Leuen the weight of xii. d. of Mallowes one handful, of Scabious if it may bee had one

handful,

handfull, of Cloues of garlike the weight of xx.d. boyle them on the fire in sufficient water, and make a pulteſſe of it, and lay it warme to the ſore.

Another.

TO the ſore it ſelfe doe thus. Take two handfull of Valerian, three rootes of Danewort, a handfull of Smalledge, or Louage, if you can get it, ſeeth them all in butter and water, and a fewe crummes of bread, and make a pulteſſe thereof, and lay it warme to the ſore vntill it breake.

Another for the ſame.

IF you cannot haue theſe herbes, it is good to lay a loafe of bread to it, hot as it commeth out of the ouen, (which afterward ſhall be burnt or buried in the earth) or the leaues of Scabious or Sorrell roſted, or two or three Lillie rootes roſted vnder embers, beaten and applied.

A generall medicine for all ſortes of people taken with the plague, to be had without coſt.

TAke of the roote of butter burre, otherwiſe called peſtilēt wort, one ounce, of the roote of great Valerian a quarter of an ounce, of Sorrell an handful, boyle all theſe in a quart of water to a pint, then ſtraine it and put thereto two ſpooneſuls of Vineger, two ounces of good Sugar, boyle all theſe together vntill they be well mingled, let the infected drinke of this ſo hotte as he may ſuffer it a good draught, and if he chaunce to caſt it vp againe, let him take the ſame quantitie ſtraightway vpon it, and prouoke himſelfe to ſweate, and he ſhall find great helpe.

Time of continuance apart from common aſſemblies.

SUch as haue bene infected, ſhould keepe their houſe without being conuerſant with the whole, vntill the ſores ſhall haue left running and bee perfectly whole and ſound, which in ſanguine and cholericke perſons will be healed ſooner, then in melancholike and flegmatike complexions.

SUch perſons may not wel be conuerſant with them which are not infected, for the ſpace of one moneth.

Infected clothes.

THe Contagion ſuſpected to remaine in clothes, either wollen or linnen, cannot well be auoyded by better meanes, then by fire and water, by often washing and airing the ſame in froſtes, and ſunne ſhine, with good diſcretion, and burning the clothes of ſmall value.

FINIS.